

7 Gentle Faith-Filled Activities to Enjoy With Mom or Grandma

Meaningful time together doesn't have to be complicated. Here are seven simple, faith-filled activities — each one an invitation to connect, comfort, and share a quiet moment. Choose whichever feels right today. There's no wrong way, and no memory test — the shared moment is the whole point.

1. Read a Psalm Together

Open to Psalm 23 and read it slowly and warmly. She may say the words along with you — many are held in the heart for a lifetime. There's no need to explain it; just let the familiar words be a comfort.

2. Share a Large-Print Word Search

Sit side by side with one gentle, large-print puzzle. Find a word or two together — no need to finish. The point is the quiet, happy time, not the score.

3. Look Through Old Photographs

Bring out a few favorite photos and let her tell you about them. Ask “Who is this?” gently, and if she isn't sure, simply enjoy the picture together. Her stories are the gift.

4. Sing or Play a Familiar Hymn

Play a beloved hymn — “Amazing Grace,” “How Great Thou Art,” “In the Garden.” Music reaches the heart even on hard days. Hum along, and let her join in however she can.

5. Read a Short Bible Story Aloud

Choose one short, familiar story — the Good Samaritan, the Christmas story, Noah's ark. Read slowly, with warmth. Don't turn it into a memory test; simply share the moment.

6. Say a Short Prayer Together

Hold her hand and offer a simple prayer of thanks. Invite her to add a name or a word if she'd like. A shared “Amen” is a tender thing.

7. Name Three Blessings

Before you go, take turns naming something you're each grateful for — a warm cup of tea, a sunny window, each other. Gratitude is a gentle, joyful way to close your time.

*"The Lord bless thee, and keep thee;
the Lord make his face shine upon thee,
and be gracious unto thee." — Numbers 6:24-25*

Want a keepsake made just for her — her name, her photos, her faith?
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